

Saturday

8:00am - 8:30am

Requirement 1

- a. State and explain the Range Rules:
 - 1. Three safety rules when on the shooting line
 - 2. Three safety rules when retrieving arrows
 - 3. The 4 whistle commands used on a range and their related verbal commands
- b. State and explain the general safety rules for archery. Demonstrate how to safely carry arrows in your hands.
- c. Tell about your local and state laws for owning and using archery tackle.

8:00am - 8:30am

Requirement 5 - (Practice shooting with instruction)

Option B2. Shooting 30 arrows in five-arrow ends at an 80-centimeter (32-inch) five-color target at 15 yards and using the 10 scoring regions, make a score of 160.

9:45am - 10:15am

Requirement 2

- a. Name and point to the parts of an arrow
- b. Describe 3 or more different types of arrows.
- c. Name the four principal materials for making arrow shafts.
- e. Explain how to properly care for and store arrows

Requirement 3

- a. Explain how to properly care for and store tabs, arm guards, shooting gloves, and quivers.
- b. Explain the following terms: cast, draw weight, string height (fistmele), aiming, spine, mechanical release, freestyle, and barebow.

10:30am - 11:45am

Requirement 2

- d. Make a complete arrow from a bare shaft.

Requirement 3

- c. Make a bow string.

12:00pm - 1:00pm

Lunch

1:15pm - 2:30pm

Requirement 5 (Practice shooting with instruction)

Option B2. Shooting 30 arrows in five-arrow ends at an 80-centimeter (32-inch) five-color target at 15 yards and using the 10 scoring regions, make a score of 160.

2:45pm - 4:45pm

Requirement 2

- d. Make a complete arrow from a bare shaft.

Requirement 3

- c. Make a bow string.

5:00pm - 6:00pm

Dinner

6:15pm - 6:45pm

Requirement 4

- a. The importance of obedience to the range officer or other person in charge of the range.
- b. The difference between an end and a round
- c. The difference among field, target, and 3-D archery
- d. How the five-color national Archery Association (NAA) or the Federation Internationale de Tir a l'Arc (FITA) target is scored.
- e. The eliminatin system used in Olympic archery competition

7:00pm - 8:00pm

Requirement 5 (Practice shooting with instruction)

Option B2. Shooting 30 arrows in five-arrow ends at an 80-centimeter (32-inch) five-color target at 15 yards and using the 10 scoring regions, make a score of 160.

Sunday

9:00am - 10:30am

Requirement 5

Option B2. Shooting 30 arrows in five-arrow ends at an 80-centimeter (32-inch) five-color target at 15 yards and using the 10 scoring regions, make a score of 160.